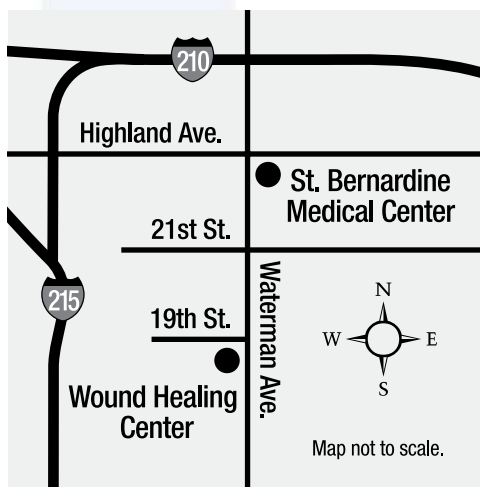


There's no longer  
any reason to live with  
a non-healing wound.

With our caring staff and specialized treatment plans developed just for you, we have what you need to get back on your feet again. Most of our treatments are covered by Medicare/Medicaid, HMOs, and other private insurance plans. We are experts at caring for people whose wounds have resisted traditional treatment. Call us or come by to schedule an appointment.



#### Directions to the Wound Healing Center

**From the 210 Fwy west:** Exit Waterman Ave. Left onto 30th Street. Left on Waterman Ave. Right on 19th Street.

**From the 210 Fwy east:** Exit Waterman Ave. Right onto Waterman Ave. Right on 19th Street.

**From the 215 Fwy north:** Transition to the 210 Fwy east. Exit Waterman Ave. Right onto Waterman Ave. Right on 19th Street.

wound treatment  
that offers  
hope for healing



### Wound Healing Center

A service of St. Bernardine Medical Center

1890 N. Waterman Avenue  
San Bernardino, CA 92404

909.475.1000  
8 am – 4:30 pm, M – F  
StBernardineMedicalCenter.org



## Specialists working together for you.

Our Center is staffed with a unique team of doctors, nurses, and therapists all dedicated to healing chronic wounds. The causes of wounds are complex, and our group represents expertise in all of the major areas necessary to handle your varied circumstances and challenges. Whatever it takes for healing to occur, we're equipped and staffed to make it happen.

## When should I seek treatment for my wound at a Wound Healing Center?

Ask your doctor about visiting our Wound Healing Center if:

- You've had a sore that won't heal for more than 30 days (commonly experienced by people with diabetes).
- You have a sore with increasing pain, redness or swelling, foul odor, or a change in color.
- You have a surgical wound that has become infected.

## What to bring to your first appointment:

- A list of any medications you're currently taking as well as any allergies you're aware of.
- Medical records including x-ray films if you have them.
- Insurance forms or cards.

Proven success  
in a caring  
supportive environment.

## How to start healing:

- 1 Generally, the physician currently treating you will refer you to our Center for specialized care. You can also make an appointment directly.
- 2 When you call for your first appointment, we will ask you a few questions about your wound and your health in general.
- 3 Before treatment, our team of doctors and nurses will thoroughly evaluate your wound and review your health and medical history.
- 4 Tests may be conducted to tell us more about your blood flow and tissue oxygenation as well as to determine if there's any infection present.
- 5 Together with your physician, we'll develop a treatment program based on your special needs.
- 6 We are in constant communication with your doctor throughout your care. Once your wound is healed, you'll return to your doctor for follow-up care.